FRIZES GIVEN DAILY



In weman's world do songbirds sing
Throughout the year? Does gladness ring
From dawn till dark her golden bell.
In woman's world? Ah, who can tell?
But, ah! methinks, on silvery wing
Heaven's echoes come like birds in spring,
Round woman's throne all clustering;
And we are told 'tis blest to dwell
In woman's world! In woman's world.

If thou art worn and wandering
In paths of sin and suffering,
And fain would drink from mercy's well,
Come hither, come beneath love's spell,
For sweet love is the offering
In woman's world,
MRS. A. L. McMILLAN,
Lyons, Kas.

A tulle veil will envelop the bride from a coronet of pearls and natural orange blos soms, and a wide white satin ribbon will bind a shower bouquet. Her maid of honor will wear such a dainty pouch blouse of pale yellow surah belted with black velvet! It is gathered on each shoulder into a few puckers, taking all the fullness away from the bust, and fastens on each shoulder with jeweled buttons. The front is cut in a small V, bound with black velvet, black also lining the small Medici standing about the nape in a very stately fashion. The flounced skirt is bound with black velvet, and a huge black velvet hat will be worn with black plumes, the only touch of trimming otherwise being in the form of large gleaming bowknots of gold gauze ribbon applique with cream Honiton upon bust and top of the skirt. soms, and a wide white satin ribbon will What to Wear in All Kinds of Weath-

traveling gown of gray cloth of the palest and most silvery, the pouchy bodice, with traveling gown of gray cloth of the palest and most silvery, the pouchy bodice, with a belt and small lapels of soft gray suede edged with white silk cords, beautifully carved ivory puttons to belt and bodice. There was a pouched vest of emerald green silk, tucked in a lattice work and crossed at wide intervals with a lattice of black velvet baby ribbon, and a black and white checked tafferts ribbon was tied about the throat with a bow under the chin. The hat was a white French felt, with white bird and gray, velvet in various shades. Her maids' frocks were deliclous affairs of cream point d'esprit over cream saint, the skirts very full, shirred about the hips and finished with three lace friils at the hem. The bodices were built of shingied cream net, with an over pouch bodice of embroidered point d'esprit lace drawn up in points and fastened with gold buckles on each shoulder, gold and jeweled belts girdling the waists. Rucked sleeves of point d'esprit were topped with lace epaultettes, and folded turbans of white chiffon were worn, their white satin crowns embroidered with gold and emeralds, sweeping white paradise tails trimming the sides gracefully.

With never a grudging pang.

With never a grudging pang.

With never a grudging pang.

For the heart that beat in the shu gown Loved the heart in the silken dress, And left it a lesson of life-long love And patient selfishness. And left it a lesson of life-long love And patient selfishness, and left it a lesson of life-long love There are many complete. Since the mother's wear—Then good enough for the mother's wear—Then good enough to keep!

Fold it away with reverent hands

And quiet and loving tears,

Then pray for the heart in the silken dress, And left it a lesson of life-long love

And patient selfishness.

Food enough to keep!

Fold it away with reverent hands

Through the motherless coming year.

Through the mother love

There are many coming, going, Whose dry lips forget to smile,

Who forget to reap, for sowing:

There are many coming to read the prop

is most exquisite. About the bust and encircing the bodice just under the arms there was an exquisite flounce of black Chantilly lace, with a few folds of black tulle to fill in the bodice in front. Black velvet straps cross the shoulders, and there are long, perfectly tight, smooth sleeves of unlined Chantilly finished with wrist ruffles. This is to be finished with a coffure trimming of thick black French quills, and a narrow black velvet ribbon is to be crossed about the throat, the ends fastened with a brooch above longer necklaces of pearls.

Come hither, come beneath love's spell,
For sweet love is the offering
In woman's world.

Lyons, Kag.

Everybody seems to be getting married, and the first autumn gowns to be made, after the simple daily wools, have been bridal or reception tollettes, or some of the new dinner gowns with long slender trains and graceful lines.

One of these brides will be gowned in heavy, lustrous white satin, the black en princesse and trailing in immensely long simple folds, the front draped a wee bit across the bust and hips, the folds clasped on the left shoulder and left hip with crescents of pearls and diamonds. The choker also seems to be draped, ending under the same crescent on the shoulder with a cluster of dog ears. The sleeves are elegantly wrinkled and very long; otherwise the gown is simple.

A tulle vell will envelop the bride from a light will be gown of unusual legance of walter at pearls.

A reception gown of unusual elegance and evidently an importation was of dahlia

## USEFUL HATS.

er and in All Sorts of Places.

From Harper's Bazar. Under this total come all the hats that

principal warm belief with black velvet; puckers, taking all the shoulder into a few puckers, taking all the shoulder with jeweled buttons. The front is cut in a small V, bound with black velvet, black as lining the small Medici standing about floured skirt is bound with black velvet, black and a huge black velvet hat will be worn floured skirt is bound with black velvet, and a huge black velvet hat will be worn with black plumes, the only touch of trimmer of the skirt.

A white chiffon bridal dress, recently worn, richly embroidered in silver and white healise, is described by the Bostice should be should be

An Eastern bride wore away a fetching raveling gown of gray cloth of the palest aid most silvery, the pouchy bodies with never a grudging pang.

Yet that dress was shabby that close beside Another of silk might hang, And it brushed its neighbor nestling there With never a grudging pang. For the heart that beat in the shabby

Fold it away with reverent hands
And quiet and loving tears.
Then pray for the heart in silken dress
Through the motherless coming years!
—Harper's Bazar.

Come apart and rest a while;
There are many coming, going,
Whose dry lips forget to smile,
Who forget to reap, for sowing:
From the hot street's surging tide
Rest is but one step aside.
—Ladies' Home Journal.

Among this bride's gowns there is a dinner gown of black velvet, with long, clinging trained skirt and princess bodice, that

## CARE OF THE FEET.

Directions for Reducing Their Swollen Condition and Pain Aften Carnival Week.

It is a never ending source of wonder that so very few women understand the proper care of the feet. They would be shocked beyond words if told that their feet were entirely neglected, but such is the case. How very few women would feel perfectly at ease if they were suddenly asked to remove their stockings. For cleanliness is not everything, and if the feet are neglected the nails get out of shape and order, and the skin is not as smooth and white as nature intended it should be.

Then, again, feet are tortured into footmear that is a size too small, that fits in

should be.

Then, again, feet are tortured into footgear that is a size too small, that fits in no particular, that presses on the flesh and causes corns, and, above all, that makes us limp and waddle like so many ducks. Why women will persist in wearing hideously high heels no person in the world besides themselves could say. Not only does it throw the whole weight of the body forward on to the toes, causing a very painful disorder, but it throws all the important internal organs out of place, and very terrible troubles and premature death are frequently the result. Besides which it is very ugly, and causes a smile to arise on seeing a large lady tottering a la Chinoise on tiny heels far too slender to bear her. People are much mistaken in thinking that high heels make the foot look smaller. As a matter of fact they make it look far larger, as it is compressed into an ugly fat mass that swells out over the top of the slipper in anything but a graceful manner.

To put the foot in a well fitting shoe

the slipper in anything but a graceful manner.

To put the foot in a well fitting shoe
of the size that properly belongs to it and
to wear low heels is the best way to preserve the foot in perfect health, and let
me gently whisper that nothing so soon
brings redness to the tip of the nose as
tight shoes.

If you have a long, narrow foot, or a
fat one, you must have your shoes and
boots made expressly for you, as ready
made boots never take into consideration
anything out of the common as regards
the formation of the foot. If you have a
flat foot, do not wear a too arched instep;
if your foot is very arched, see that your
shoe is made to fit it.

If you wish the foot to appear small by
perfectly natural means, always wear
black kid or satin. A white shoe makes
a foot look large and very wide, and should
never be worn except where the foot is
faeltless in shape and very small to look
at. If the shoes are darker in color than
the dress, the feet will appear to much
more advantage.

You should always have your shoes eased

the dress, the feet was appeared more advantage.

You should always have your shoes eased for you before wearing them; and be careful never to take long walks when wearing a new pair. Very grave trouble is often the result of walking in shoes that are stiff to the feet. I have known severe lameness ensue, and very great pain is the inevitable result.

ensue, and very great pain is the mevitable result.

If you wish to preserve the proper shap of the foot, never walk about the house in leose old slippers. They may perhaps be comfortable, but they will entirely ruin the shape, and all elegance will be lost sight of if this untidy course is persisted in It seems superfluous to say that the feet

in.

It seems superfluous to say that the feet should be well washed twice a day. Tepid water should be used, and the heels, toes and soles should be daily rubbed with pumice stone or pumice powder. This will entirely prevent all thickening of the skin, which is so unpleasant.

The feet must not be soaked in the water, but only kept in long enough to wash them. Too hot water and keeping the feet too long in it will make the skin very tender, and cause various other troubles if you are at all delicate.

To keep the fiesh in good, healthy condition, rub a little salt on the soles when still wet. This will not only strengthen them, but keep them from catching cold. If lime flowers, tincture of benzoin, or a few drops of ammonia is put in the water the feet are washed in, it will rest and soothe them very much. Salt and water dashed over the feet will strengthen them. The spirit should be poured into the palm of the hand and gently but firmly rubbed in one direction only.

## PINEAPPLES.

How to Prepare This Delicious Touch-Me-Not Tropical Fruit for Serving.

A fruit that has touch-me-not qualities is the pineapple. "Pines" are in the mar-ket now, and few of us can resist their delicious flavor, but how we hate to try and cut our way through the tough fibrous center of a slice with our spoon.

Just as there was once a fad (and a

good one) to eat strawberries unhulled, so should the "pine" be served with all its prickly skin on and no attempt made to

should the "pine" be served with all its prickly skin on and no attempt made to cut out its pesky eyes.

Take a ripe pineapple and holding its tepknot of leaves firmly by one hand twist them out of their socket, then take two carving forks and drive them deep down into the center of the apple in a vertical line through the socket hole left in the top, and tear the fruit in half by forcing the forks apart. Next take a silver fork and begin to separate the pineapple into pieces each the size and shape of one of the natural divisions, as seen in its deeply furrowed surface. The pieces will easily tear off from the main piece and will be long and wedge shape, tapering from the square piece of skin, to be used as is the hull of a strawberry, down to a point where it tears away from the woody core.

Serve these bits of pineapple on a plate with sugar piled up at one side, and eat them by dipping them into the sugar, holding them by the skin end and biting off only that long, julcy, tender strip that is alone edible of the pine.

In cases where it is possible serve cream is theke and rich enough to be served with a spoon.

There is no previous slicing and sugaring

spoon.
There is no previous slicing and sugaring or effort to cut the eyes of the fruit. Pine-apple served this way is more delicious than in any other, for every bit of the good part is gotten and none of the bad.

## EDUCATION IN ENGLAND. What American Girls Must Do to Enter Cambridge or Oxford

Universities. American girls who wish to enter the English universities must conform to certain rules. Those who desire to attend leetures in Cambridge must first enter as students one of the two colleges for women in Cambridge (Girton or Newnham), residence at which confers certain privileges, in exceptional cases women are allowed to reside (at Newnham and Girton) as outstudents, and thus are admitted to lectures. The cost of tuition and board at Newnham is from \$131 to \$168 a term. There are three terms a year. At Oxford one can hear the university lectures by joining the Association for Promoting the Education of Women in Oxford (fees \$125 a year). Some of the professors, however, do not admit women. Women who may not wish to take the whole three years' course are admitted as members of the association. There are fees also for the different courses of lectures; they do not amount to above in Cambridge (Girton or Newnham), resiof lectures; they do not amount to above \$125 a year with tutoring. Eoth Girton and Newnham now work

Both Girton and Newnham now work regularly for the honors examinations of the university. But there is a little more readiness on the part of Newnham to admit women, under special circumstances, who may not wish to take the full university course. Though no definite regulation is made duly qualified American women have occasionally been admitted to Newnham and Girton when space permitted, without examination and without undertaking the whole three years' course.

## BABIES FOR FRANCE.

A Proposition From Germany to Supnly the Deficit Was Favorably Received.

Some enterprising Teutons have formed a company to supply the deficit in French children by importations from the more prolific side of the Rhine. One of the "travelers" of this undertaking has just been denounced to the detective authorities by a Parisienne. According to her statement, this new kind of commercial traveler made a proposition to her on the following lines: "Many rich people in France have no children and would be very giad to adopt them. There are doubtless many such among your clients. I can put you in communication with people in Germany who will willingly part with their children to people who would insure a happy lot to the little ones and settle satisfactory compensation." The nurse, not caring to join the company, reported the man to the police, and his chances for making a fortune in France are now limited. company to supply the deficit in French

## Arrest of a Queen.

The arrest of a queen is an unusual occurrence. This, however, befel in Italy, where the Italian queen, riding her bicycle in a part of the park at Monza from which the general public is excluded, was stopped by a guard, who reprimanded her for trespassing and demanded her name. Queen Margaret afterward sent the man her photograph and a f.10-piece bearing her effigy, with that of King Humbert.

# WHAT DO THEY BAT?

PROPER NOURISHMENT FOR YOUNG IDEAS.

Mrs. Sarah Tyson Rorer Talks About the Important Question of Lunches for Small Pupils-Appetiz-

## THE COMFORT OF MATTING. The Ideal Floor Covering and Back-

ground for the Ever Present Rug.

From the Woman's Home Companion. If only all housekeepers knew the value and comfort of matting, how much worry and work would be saved, how many duli houses would look cheery! If you own

the Important Question of Lunches
for Small Pupils—Appettus
ing Fig Sandwiches.

From the Philadelphia Press.

"The malority of school children eat too
much lunch," anys Mrs. Sarah Tyson Rorer. "They are allowed to sleep very late in
the morning, then they eat a hurried
breakfast and are sent off to school with a
generously filled lunch basket. In consequence, the children grow duil and stupid
in the afternoon and the teachers wonder
what in the world can be done with the
lessons to make them more interesting.
"The remedy is a very simple one and
lies in the parents' hands. Let them put
more nutritious in quality for a growing,
working child."
"What do you consider a hygienic lunching in a glass with a screw top," was her
futi and a little cup custard or rice to pudding in a glass with a screw top," was her
not; there is the greatest variety in sandwhiches. They should all be made, however,
from whole wheat bread, which is far betists advise the use of it because it
strengthens the teeth and doctors advocate
it because it supplies muscle-making foodaffords. For the same reason it is a good
alpan to mix a little cream with the findlychopped chicken which makes such nutritists advise the use of it because it
strengthens the teeth and doctors advocate
it because it supplies muscle-making foodaffords. For the same reason it is a good
alpan to mix a little cream with the findlychopped chicken which makes such nutritists advise the use of it because it
strengthens the teeth and doctors advocate
in the compose of sandwiches, but veal or han
should never be used. They take hours to
dig and do hopped fine before a great amount
from the second sile of bread. A
half dozen almonds will sid wonderfully
in digesting on the second sile of bread. A
half dozen almonds will sid wonderfully
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half dozen almonds will sid wonderfully
in digesting on the second sile of bread. A
half dozen almonds will sid wonderfully
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half do



AN OCTOBER BRIDE. A trained dress of ivory satin trimmed with silver chiffon and orange blossoms; a belt of jeweled apprique encircles the waist—the sleeves are of shirred chiffon.

inches of gay silk cord, with a thripence at one end and a small pig at the other, the combination of the two symbols, each so lucky in itself, insuring double fortune.

Rorer said, "it would be sponge cake or lady ingers. But that is like substituting one stimulant for another. It is much better to abolish such things altogether." In the place of sweets, a nourishing custard or a rice pudding can be put in with the lunch. They can be very easily carried by making them in the little glass jars with screw tops, and are additionally attractive because they can be made the day before using.

"What would you give school children to drink?" I asked.

"Water only," she said. "If the bottles were sterilized and the milk well cared for, a glass of milk and a piece of pulled bread would make an excellent and abundant lunch for a child, but the milk is seldom in the condition it ought to be by the time it is to be used."

Mrs. Rorer also spoke strongly about A NEW BLACK SKIRT. Waists.

the condition it ought to be by the time it is to be used."

Mrs. Rorer also spoke strongly about having the lunches daintily put up. "Each sandwich ought to be wrapped in wax paper." she said. "and compartment boxes ought to be used. Then the taste of the fruit that is carried will not taint auything else."

The luncheon hour is now generally 12 o'clock in the public schools. Mrs. Rorer said, however, that she believed 11 was the most healthful time for luncheon, and thought that the schools could get better results from their pupils if the morning could be divided in such a way as to give them the hour between 11 and 12 for eating and recreation.

### The Eye of a Child. Who can explain or fathom the won-

drous instinct of the child? Lying in the arms of its nurse, in its carriage or else-where, its large, round, wonderly where, its large, round, wondering eyes roam over a sea of faces till suddenly its features break into a sweet smile, a baby features break into a sweet smile, a baby laugh dances in its eyes, perhaps the tiny hands are extended and the little body gives a bound as though it would throw itself through space. What has happened? It has recognized a friend, nothing more and no less. It makes no mistake. Wiser, perchance, in that moment of inexperienced helplessness than it will be years afterward, when the world and its immates have been studied in the light of instruction and experience, its love offering is seldom if ever mistakenly presented. By what power is the child's love directed? By what subtle influence does it see and know what in after years it may strive in vain to discern?

# Bicycling and Breakfast.

It is said that a long bleycle ride is ex-It is said that a long beyore rate is ex-cellent for one early in the morning, pro-vided a light breakfast ig eaten before starting out. Never ride without having taken food, and never ride after you have eaten a full meal. A cup of fresh milk and a couple of oatmeal or graham crackers will be advisable to take before going out

## It Shows a Decided Change From the Old Form With Separate

Women will not give up the notion of styles give us a change on the old idea in suggesting a silk or satin skirt covered

suggesting a silk or satin skirt covered from hem to hips, or even to the waist, with rows of black lace flouncing. These flounces are set on marvelously, following the line of the hem for some distance from the foot of the skirt and imperceptibly altering their swing around the figure till they lift prettily at the hips, drooping in front and lifting higher than the hips at the back. This leaves a gracefully outlined yoke effect to the portion of the skirt left unflounced about the hips.

The prevailing Russian blouse is very swagger to look at. It may be described as a blouse whose set-out over and beyond the belt is not only a question of looseness and bagging, but of cut, the portion of the blouse that appears below the belt being close-fitting—indeed, almost flat. The beit is about two inches wide, and should show clearly below the overhang, emphasizing the impression of small waist, though the belt is round and not drooped, according to exact models. The "skirts" of the blouse, which should extend no further than just to the out-curve of the bip, may be slashed to allow spring, and may be slightly tiled at the back.

The Secret of French Bread. Miss Parloa is quoted to the effect that one of the secrets of the French bread. one of the secrets of the French bread, which it seems to be the ambition of many housekeepers to duplicate in their kitchen. lies in the fact that the dough is worked without too much dry flour. It is not kneaded very much, and what little kneading there is is accomplished with less flour than the average breadmaker would consider possible. This scant kneading accounts, too, for its quick drying. French bread, like French butter, is for this day only. The more dough is kneaded the finer grained it will be and the longer it will keep. Another caution in the attempt to keep. Another caution in the attempt to make French bread is that it must not rise

## A Delicious Salad. Not every housekeeper knows the deli-

starting out. Never race without having taken food, and never ride after you have eaten a full meal. A cup of fresh milk and a couple of oatmeal or graham crackers will be advisable to take before going out on an early morning spin.

Fried Squirel.

If the squirrels are not young they should be steamed till they are quite tender. Cut two squirrels into four pieces each. Rub each piece with a quarter saltspoonful of salt and halt as much pepper; roll in egg, then in bread crumbs, and fry in hot fat. Squirrels can be cooked in any way that a chicken can.

# GREAT PICTURE PUZZLE GONTEST

beriber and also that ALL PRIZES are Valuable.

whole SAWYER PUBLISHING CO., Pazzle Dept., Waterville, Maine

Be Found in the Wide World.

Attention has been drawn to Morocco within the last few weeks by the manner in which several American citizens have been treated by the Riffians. The cruiser San Francisco has visited Tanglers, and has sailed away, after convincing the sultan that if American demands are not complied with a United States squadron will be sent against Morocco. The squalor, wretchedness and barbarism of this country are aptly illustrated by its treatment of its women, who are almost slaves. They slink along the narrow alleys, which are called streets, shrouded like ghosts, the shawl falling low over the brow and drawn with one handhidden in its folds—across the face, from

spoonfuls of sharp vinegar. Toss the salad which the eyes look cut furtively or are well and serve it. No game cook can consider herself an expert unless she knows how to crisp properly the garnish of bacon which is so necessary an accompaniment of a brolled bird.

WOMEN IN TANGIER.

which the eyes look cut furtively or are dropped to the ground. The women must wear only red slippers, the more dignified yellow leather being reserved for men, except Jews, who are condemned to wear black.

Their homes are almost hermetically sealed from light and air; so small and high up in the thick brick walls are the tiny apertures called windows. The smoke iscentificant the control of the ground. The women must wear only provided to the ground. The women must wear only provided to the ground. The women must wear only provided to the ground. The women must wear only provided to the ground. The women must wear only provided to the ground. The women must wear only red slippers, the more dignified yellow leather being reserved for men, except Jews, who are condemned to wear black.

Probably as Wretched Mortals as May suing from these hovels seems enough to smother the inmates. Recognition of Women in Japan.



CHECKED FOULARD GOWN FROM HARPER'S BAZAR

For late autumn and early winter there on the bias and trimmed with gilt buttons. are some very attractive gowns for home A wide collar of two shades of pale inventers. Foulard silks are most popular for this purpose, and our cut shows a checked green, white and illac—smart and distinctive. As described in Harper's Bazar, the skirt is cut on the bias, with a seam directly in front. The waist is tucked are laid in tucks.